

# San Diego Miramar College Behavioral Intervention Team (BIT) Referral Form

Miramar College's Behavioral Intervention Team is comprised of college representatives and provides a proactive approach to address mental health needs that negatively impact students. The Team manages each case individually while addressing mental health and academic concerns and initiating appropriate interventions. The intent of this form is to provide Miramar College staff, faculty and administration the opportunity to request immediate assistance following behavioral observations or communication they believe warrant follow up.

Please complete this electronic form as fully as possible. Information you share should reflect what you have observed or which you have been notified of by the student, classmate(s), or co-worker(s). By submitting through e-mail to the Behavioral Intervention Team, the completed form will be sent to each member of the Behavioral Intervention Team for follow up.

**IF YOU BELIEVE THERE IS AN IMMEDIATE THREAT TOWARDS THE CAMPUS, COMMUNITY AND/OR INDIVIDUAL YOU ARE CONCERNED ABOUT, IMMEDIATELY CONTACT CAMPUS POLICE AT (619) 388-6405.**

STUDENT'S NAME

CSID (IF KNOWN)

YOUR NAME \*

YOUR CONTACT INFO (E-MAIL AND/OR PHONE)

**Check all that apply:**

- Erratic or marked change in behavior (ex. withdrawn, depressed, walking out of class after receipt of grade, etc.).
- Exhibiting anxiety, irritability, sadness, difficulty concentrating, etc.
- Communication shared with you or classmate(s)/co-worker(s) that presents concern.
- Student appears repeatedly bothered by discussion/subject material presented in class (ex. may have left classroom abruptly following introduction of a subject).
- Other behavior of concern that is potentially impacting academic performance towards this or any other student's educational goals.

**Please describe the behavior(s). Please specify dates, places, times, and names of witnesses if applicable.**

- I have informed the student that I am making a referral to the Behavioral Intervention Team or Dean of Student Affairs.
- I have been unable to discuss or I am uncomfortable discussing this behavior with the student.

**Directions to Send:**

1. Complete & Save this document as a PDF.
2. E-mail the saved PDF document to DL for Miramar College Behavioral Intervention Team.
3. Delete the PDF document if you are using a public computer.